

# [PDF] The Pause Principle: Step Back To Lead Forward

Kevin Cashman - pdf download free book

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**Books Details:**

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## Description:

**Review** “To thrive and to innovate in today’s complex, globally connected world, leaders need sophisticated ways to step back to understand what they are facing within and outside themselves. The Pause Principle provides pragmatic resources for making the critical move from management efficiency to leadership excellence.”

—Daniel Vasella, MD, Chairman, Novartis

“Kevin Cashman’s latest must-read book focuses on the essence of leadership: being consciously reflective before we act. Incorporating Cashman’s ideas into your daily practices will transform you as a leader.”

—Bill George, author of *True North*; Professor, Harvard Business School; and former

## **Chairman and CEO, Medtronic**

“Here a veteran coach shares his long experience to help busy executives deal with the question, In my rush for success, how do I help my soul to breathe and my mind to renew? His answer echoes an ancient tradition: withdraw and return; reflect and act. I recommend this book wholeheartedly to everyone who is trying to lead a better life.”

**—Dick Bolles, author of the bestselling career management book of all time, *What Color Is Your Parachute?***

“Leadership is a continual process of stepping back to get new perspectives in order to step forward with greater innovation and impact. Cashman captures the essence of leading in our dynamic, global marketplace.”

**—Paul Walsh, CEO, Diageo plc, and former Chairman and CEO, The Pillsbury Company**

## **About the Author**

**Kevin Cashman** is a Senior Partner in Korn/Ferry Leadership and Talent Consulting and a member of the Firm’s Board & CEO Services Practice, based in the Firm’s Minneapolis office. He oversees Korn/Ferry’s executive development and coaching solutions. Mr. Cashman is also the founder of the Executive to Leader Institute,™ acknowledged by Fast Company as the “Mayo Clinic” of leadership development for its interdisciplinary approach to leadership development and executive coaching. A frequent keynote speaker at conferences and corporate events, Mr. Cashman is a senior fellow of the Caux Roundtable, a global consortium of CEOs dedicated to enhancing principle-based leadership internationally. He is also a board member for the Center for Ethical Business Cultures fostering ethical leadership in corporations.

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