

# [PDF] The Magic Pill: A Mental Health Companion For The Gastric Bypass Patient

Teri Kai Holtzclaw - pdf download free book

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**Books Details:**

Title: The Magic Pill: A Mental Heal

Author: Teri Kai Holtzclaw

Released: 2002-02-01

Language:

Pages: 106

ISBN: 0971260117

ISBN13: 978-0971260115

ASIN: 0971260117



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**Description:**

**Review** "The Magic Pill is a 'must' book for every patient struggling with weight loss." -- *Gerald Hartzog, WLS Patient*

"The Magic Pill is a fascinating approach to the mind/body connection...very impressive." -- *Diane Newsom, MD*

"The Magic Pill is causing a great deal of comment...a new approach to weight loss management is clearly needed." -- *Living Now, Publications 2002*

"This book is, in my opinion, required reading for every bariatric patient support group across the U.S." -- *M.L. Perez, MD*

The answers to questions relating to eating and emotions could very well be found in this book! Enjoy the journey! -- *Jean Wessler - 5 yrs Post Op and 200 Lbs lighter!*

What I like best about this book is Teri's dedication to the truth about weight loss surgery. -- *Gavin Hopine, PhD*

**About the Author** Teri Kai Holtzclaw, Ph.D., has worked at the highest levels of international and national bariatric organizations in senior management, and as consultant. A bariatric behavior expert, author, philosopher and speaker, she has spent the last decade training and educating patients and professionals on weight management behavioral strategies.

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