

[PDF] White Hot Truth: Clarity For Keeping It Real On Your Spiritual Path From One Seeker To Another

Danielle LaPorte - pdf download free book



Books Details:

Title: White Hot Truth: Clarity for
Author: Danielle LaPorte
Released: 2017-05-16
Language:
Pages: 264
ISBN: 0997651407
ISBN13: 9780997651409
ASIN: 0997651407

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pdf, mobi, epub, azw, kindle

Description:

Has your self-help become self-criticism? A wise and often hilarious exploration of the conflicts between spiritual aspiration and the compulsion to improve, from Oprah Super Soul 100 member,

Danielle LaPorte.

Like a wise girlfriend you can totally relate to, Danielle cheerleads you to own your wisdom and self-worth by having a good laugh (and maybe a good cry) at the ways you've been trying to improve on your self-improvement. Rooted in compassion, feminism, and spiritual activism *White Hot Truth* is an intimate and (hilariously) relatable account of self-help tales gone wrong, and very right.

If you love Brene Brown and Liz Gilbert's authenticity, and Marianne Williamson's strong spirit, you'll adore how Danielle lays bare "Boundaries for spiritual people"; the "Discipleshit" that happens when we give our power away; a "Soul-perspective" on suffering; "over tolerance" and "foolish compassion" in relationships, sneaky self-loathing; spiritual glamour. And in her poetic and brazen way, she brings it home with the hottest truth of all: You are your own guru.

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