

[PDF] Transdermal Magnesium Therapy

Mark Sircus, Daniel Reid - pdf download free book



Books Details:

Title: Transdermal Magnesium Therapy

Author: Mark Sircus, Daniel Reid

Released: 2007-01-01

Language:

Pages: 396

ISBN: 0978799119

ISBN13: 978-0978799113

ASIN: 0978799119

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Description:

From the Publisher The rise in chronic illness and disease as associated with the concurrent rise in routine use of, and exposure to toxins and pathogens, is well documented. In fact, chronic illness and disease has become an accepted, and even expected eventuality of modern living. What has not been well documented is the body's natural ability to maintain, and even restore its health, IF properly nourished... not so much with popular foods (which are themselves nutritionally compromised), but with minerals. Magnesium is one of the most important minerals to human health, but also one of the least publicized.

Mark Sircus has researched the research on magnesium, and found hundreds of cases that prove its critical role in the maintenance of our health.

From the Author As director of the International Medical Veritas Association I had direct access to many doctors and scientists around the globe and I began questioning and researching. Several doctors including Dr. Garry Gordon state that it is very difficult to bring up the body's levels of magnesium through oral supplementation, and research confirms this. I began to realize that I had found something potentially very important and useful since magnesium has been reported by many reputable organizations to be deficient in over 68% of the population.

I am not going to tell you that it is the only nutritional/medicinal agent that you need to take but I will tell you that it is the first one you need to take and that it will enhance any other medical and dental treatment you will undergo. Personally I will not treat a patient who is not replenishing their magnesium levels for I do not enjoy failing my patients.

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