

# [PDF] The Beauty Detox Solution: Eat Your Way To Radiant Skin, Renewed Energy And The Body You've Always Wanted

Kimberly Snyder - pdf download free book

"Kimberly is a real expert. After reading this book, there isn't an excuse not to be healthy."—Owen Wilson

"Packed with so much great information, [Kim's] program will appeal to everyone."—Olivia Wilde

Looking for the ultimate secret to health and beauty? Don't look in your medicine cabinet. Look here.

Nutritionist and beauty expert Kimberly Snyder helps dozens of A-list celebrities get red-carpet ready—and now you're getting the star treatment. Kim used to struggle with coarse hair, breakouts and stubborn belly fat. She traveled the world, learned about healthy secrets, she discovered the star's secret to the ultimate beauty product, and she's developed a powerful program that lets the body of anyone get on track and feel great every day. Now just a few simple diet changes, you will:

- Get a youthful, radiant glow
- Banish acne, spiky skin and wrinkles
- Grow lustrous hair and strong nails
- Get rid of the bloot, melt away fat and never count calories again!



**KIMBERLY SNYDER** is a clinical nutritionist and founder of the holistic health company, KIM Snyder. She has appeared as a nutrition and beauty expert for *Good Morning America*, *E! Entertainment*, *FOX News*, *Good Day LA*, and been featured on *ELLE*, *Teen*, *OK!*, *Realize*, *in Touch* and *OH MyGosh*. Visit her at [www.kimberlynyder.net](http://www.kimberlynyder.net).

A portion of the proceeds will be donated to [StarHunting.com](http://StarHunting.com).

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## Description:

Celebrity nutritionist and beauty expert Kimberly Snyder helps dozens of Hollywood's A-list stars get red-carpet ready—and now you're getting the star treatment. Kim used to struggle with coarse hair,

breakouts and stubborn belly fat, until she traveled the world, learning age-old beauty secrets. She discovered that *what you eat* is the ultimate beauty product, and she's developed a powerful program that rids the body of toxins so you can look and feel your very best. With just a few simple diet changes, you will:

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