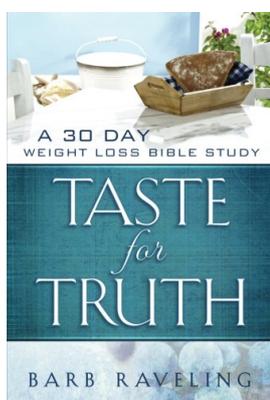


[PDF] Taste For Truth: A 30 Day Weight Loss Bible Study

Barb Raveling - pdf download free book



Books Details:

Title: Taste for Truth: A 30 Day Wei
Author: Barb Raveling
Released:
Language:
Pages: 140
ISBN: 0980224314
ISBN13: 9780980224313
ASIN: 0980224314

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Description:

Do you ever feel like you'll *never* be able to lose weight and keep it off? This Bible study will help! Taste for Truth offers 30 days of **Bible study** and hands-on **renewing of the mind** help. You'll be taking off the lies that make you overeat and putting on the truth that will make you actually *want* to eat with control.

Taste for Truth is a companion Bible study to *I Deserve a Donut (And Other Lies That Make You Eat)*, which is available as a **free** iPhone and Android app and also in a book and Kindle format. The author also has a website and **podcast** that will encourage you as you go to God for help with breaking free from the control of food.

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