

# [PDF] Six Healing Sounds With Lisa And Ted: Qigong For Children

Lisa Spillane - pdf download free book

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#### Books Details:

Title: Six Healing Sounds with Lisa  
Author: Lisa Spillane  
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#### Description:

**Book Description** Full colour picture book with vibrant illustrations and an entertaining story for each of the 6 sounds in this well-known Qigong exercise. ;if (typeof amznJQ === "undefined") { } else { amznJQ.onReady('jQuery', function() { setTimeout(function() {if(msa.Vowels) { var amzvowels = new msa.Vowels(jQuery,16,['ec2.images-amazon.com','ec3.images-amazon.com', 'ec5.images-amazon.com'],5,'0AFJ7869YDP22T1ZPCG4', ['z-ec3.images-amazon.com', "z-ak.images-amazon.com" ], "images-na.ssl-images-amazon.com", ["1820", "3320", "7470", "14730"],

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(function(a){if(document.ue_backdetect&&document.ue_backdetect.ue_back){a.ue.bfini=document.ue_backdetect.ue_back.value}if(a.uet){a.uet("be")}if(a.onLdEnd){if(window.addEventListener){window.addEventListener("load",a.onLdEnd,false)}else{if(window.attachEvent){window.attachEvent("onload",a.onLdEnd)}}}if(a.ueh){a.ueh(0,window,"load",a.onLd,1)}})(ue_csm);  
(function(a){a._uec=function(d){var h=window,b=h.performance,f=b?b.navigation.type:0;if(f==0){var e="; expires="+new Date(+new Date+604800000).toGMTString(),c="+new Date-ue_t0;if(c>0){var g="|" + +new Date;document.cookie="csm-hit="+ (d/c).toFixed(2)+g+e+"; path=/"}}})(ue_csm); _uec(168165);
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**About the Author** Lisa Spillane qualified as a teacher of Art and Design at NCAD in Dublin, Ireland. She has a master's degree in Education and is a cofounder and former Director of Artlink Ltd., a charitable company promoting access to art in the North West of Ireland. Having taught at a number of schools, Lisa went on to work for several years in Northern Ireland on community projects with children and young people. She learned Qigong meditation from attending classes taught by Grandmaster Mantak Chia. Lisa currently lives in Brussels, Belgium.

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