

# [PDF] Prescription For Nutritional Healing

**Phyllis A. Balch - pdf download free book**

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**Books Details:**

Title: Prescription for Nutritional  
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## **Description:**

**From Library Journal** Written by a medical doctor and a certified nutritional consultant, this comprehensive guide to nutritional, herbal, and complementary therapies discusses natural healing programs for some 300 health conditions. Arranged in alphabetical order, it's a useful ready-reference tool, although it could have benefited from a good bibliography.

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**Review** This second edition has been expanded to reflect the latest research on drug-free remedies in the field of nutrition: as such it provides an excellent assessment and review of herbal tinctures and diets. From high blood pressure remedies to handling infections, this is packed with practical advice. -- *Midwest Book Review* --This text refers to an out of print or unavailable edition of this title.

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