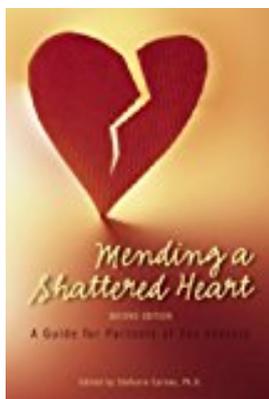


# [PDF] Mending A Shattered Heart: A Guide For Partners Of Sex Addicts

Stefanie Carnes - pdf download free book

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#### Books Details:

Title: Mending a Shattered Heart: A  
Author: Stefanie Carnes  
Released: 2008-02-20  
Language:  
Pages: 184  
ISBN: 0977440060  
ISBN13: 978-0977440061  
ASIN: 0977440060

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#### Description:

#### Review

"I'll never forget my friend's words when she uncovered her husband's sex addiction: "I felt like I was going through a shredder...backwards." Providing much-needed clarity and direction, *Mending A Shattered Heart* courageously meets and helps heal this addiction at the deep level it hits and hurts. Thank you Stefanie for removing the shame and giving the gift of grounded hope."

□Melody Beattie, Author of *Codependent No More*

"A vitally important book written by highly experienced professionals! *Mending A Shattered Heart* will lessen the shame, provide clarity and direction and offer hope to the partners of sex addicts."

□Claudia Black, PhD, Author of *It Will Never Happen to Me*

--This text refers to an alternate edition.

**About the Author** Dr. Stefanie Carnes, Ph.D., CSAT, is the director of family services, research and intensive workshops at Pine Grove, an inpatient treatment center in Hattiesburg, Mississippi. In this capacity, she supervises and manages the family therapy services for numerous programs, including the drug and alcohol rehabilitation unit, the sexual addiction program and the eating disorders program. In her role as research director, she oversees all research projects at Pine Grove. Dr. Carnes is a licensed marriage and family therapist and an AAMFT-approved supervisor. Dr. Carnes is also a certified sex addiction therapist, with expertise in therapy for couples and families struggling with sexual addiction. She is the author of numerous publications and presents regularly at conferences at both state and national levels.

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