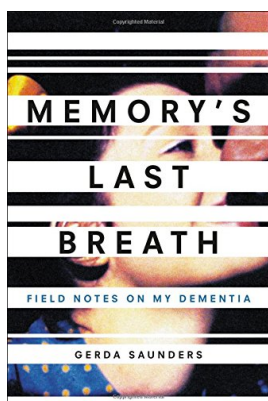


[PDF] Memory's Last Breath: Field Notes On My Dementia

Gerda Saunders - pdf download free book



Books Details:

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Description:

"Melodious.... The last chapter is stunning in both senses of the word, gorgeous and shocking... A graceful, innovative writer.... Saunders's awareness of her own mortality has turned her into an omniscient eye."--*New York Times*

A "courageous and singular book" (Andrew Solomon), *Memory's Last Breath* is an unsparing, beautifully written memoir--"an intimate, revealing account of living with dementia" (*Shelf*

Awareness).

Based on the "field notes" she keeps in her journal, *Memory's Last Breath* is Gerda Saunders' astonishing window into a life distorted by dementia. She writes about shopping trips cut short by unintentional shoplifting, car journeys derailed when she loses her bearings, and the embarrassment of forgetting what she has just said to a room of colleagues. Coping with the complications of losing short-term memory, Saunders, a former university professor, nonetheless embarks on a personal investigation of the brain and its mysteries, examining science and literature, and immersing herself in vivid memories of her childhood in South Africa.

Written in a distinctive voice without a trace of self-pity, *Memory's Last Breath* is a remarkable, aphorism-free contribution to the literature of dementia.

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