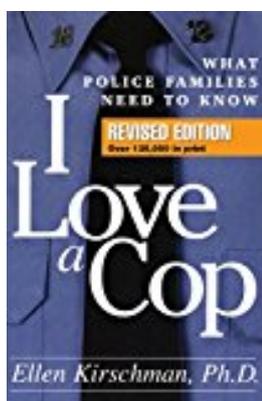


# [PDF] I Love A Cop, Revised Edition: What Police Families Need To Know

Ellen Kirschman PhD - pdf download free book

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**Books Details:**

Title: I Love a Cop, Revised Edition

Author: Ellen Kirschman PhD

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**Description:**

**Review** "This book is as necessary for the overall survival of our law enforcement officers as their vests, weapons, and officer safety tactics. The realities of the job have changed in the post-9/11 world, and the revised edition arrives just in time. Dr. Kirschman provides an in-depth look at the daily challenges facing the law enforcement officer and family, and offers specific strategies for overcoming the pitfalls that potentially take such a heavy toll. This book should be issued to every

recruit entering the profession."--Kevin M. Gilmartin, PhD, author of *Emotional Survival for Law Enforcement*

"When I was Police Chief in Toronto, every graduating police officer received a copy of [i]I Love A Cop[/i]. The revised edition convinces me even more that it is the right thing to do if you wish to promote wellness in your organization. This is a 'must read' for all progressive police leaders who really care about officers and their families."--David Boothby, Chief of Police (Retired), Toronto, Ontario, Canada

"Police families can, in fact, thrive, and [Kirschman's] got the success stories to prove it. Preparedness is one of the keys to that state, and this book...shows how to get there."--Library Journal  
(*Library Journal* 2006-12-18)

**About the Author** Ellen Kirschman, PhD, is a clinical psychologist and consultant who has worked with law enforcement agencies and their families for over 20 years. She has written extensively about police culture and is sought after as a speaker and seminar leader. Dr. Kirschman has been an invited guest at the FBI Academy and is a member of the Psychological Services Sub-section of the International Association of Chiefs of Police. She is a cofounder of [www.policefamilies.com](http://www.policefamilies.com) and maintains a website for the public at [www.ellenkirschman.com](http://www.ellenkirschman.com). In 2000, Dr. Kirschman was named Woman of Distinction by the Police Chiefs Spouses Worldwide. She lives in Redwood City, California, USA.

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