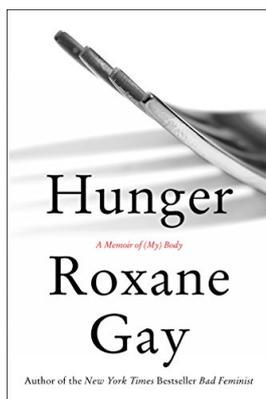


[PDF] Hunger: A Memoir Of (My) Body

Roxane Gay - pdf download free book



Books Details:

Title: Hunger: A Memoir of (My) Body
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Description:

The Instant *New York Times* Bestseller

From the *New York Times* best-selling author of *Bad Feminist*, a searingly honest memoir of food, weight, self-image, and learning how to feed your hunger while taking care of yourself.

"I ate and ate and ate in the hopes that if I made myself big, my body would be safe. I buried the girl I was because she ran into all kinds of trouble. I tried to erase every memory of her, but she is still there, somewhere. . . . I was trapped in my body, one that I barely recognized or understood, but at least I was safe."

New York Times bestselling author Roxane Gay has written with intimacy and sensitivity about food and bodies, using her own emotional and psychological struggles as a means of exploring our shared anxieties over pleasure, consumption, appearance, and health. As a woman who describes her own body as "wildly undisciplined," Roxane understands the tension between desire and denial, between self-comfort and self-care. In *Hunger*, she casts an insightful and critical eye on her childhood, teens, and twenties—including the devastating act of violence that acted as a turning point in her young life—and brings readers into the present and the realities, pains, and joys of her daily life.

With the bracing candor, vulnerability, and authority that have made her one of the most admired voices of her generation, Roxane explores what it means to be overweight in a time when the bigger you are, the less you are seen. *Hunger* is a deeply personal memoir from one of our finest writers, and tells a story that hasn't yet been told but needs to be.

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