

# [PDF] Get Me Out Of Here: My Recovery From Borderline Personality Disorder

**Rachel Reiland - pdf download free book**

---

**Books Details:**

Title: Get Me Out of Here: My Recove

Author: Rachel Reiland

Released: 2004-09-01

Language:

Pages: 464

ISBN: 1592850995

ISBN13: 978-1592850990

ASIN: 1592850995



**[CLICK HERE FOR DOWNLOAD](#)**

---

**pdf, mobi, epub, azw, kindle**

**Description:**

**Review** Touted as the only book of its kind, this is a firsthand account of Borderline Personality Disorder (BPD). An accountant and mother of three, Reiland (a pseudonym) tells the poignant story of her life, which included all-too-familiar episodes of anorexia, promiscuity, impulsiveness, suicide attempts, institutionalization in a mental hospital, and often unrelenting, anger-intensive, violent, and unpredictable behavior. This is not intended as a text for treatment but a story of how one person lived with and overcame an affliction that many professionals view as untreatable. What results is a gripping, fast-paced narrative that's often hard to put down and will no doubt inspire sufferers and caretakers to march on. It is a story based on stark reality and hope, much like Steve Hamilton's *I Want My Life Back*. Recommended for all public and academic libraries as a

complement to treatment guides like Jerold J. Kreisman and Hal Straus's *I Hate You, Don't Leave Me*. Melody Ballard, Washoe Cty. Lib. Syst., Reno Copyright 2004 Reed Business Information.  
(*Library Journal*)

**About the Author** Rachel Reiland is a wife, a mother of three, and an accountant who is recovering from anorexia and borderline personality disorder. The author's name is a pseudonym

---

- Title: *Get Me Out of Here: My Recovery from Borderline Personality Disorder*
  - Author: Rachel Reiland
  - Released: 2004-09-01
  - Language:
  - Pages: 464
  - ISBN: 1592850995
  - ISBN13: 978-1592850990
  - ASIN: 1592850995
-