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Description:

In Gerig's Foundations for Clinical Mental Health Counseling, readers get an accurate picture of the mental health counseling profession in its contemporary environment, what the author calls a "professional view from the trenches that is academically informed." Here, future mental health counselors discover a fresh, up-to-date

perspective on the profession in the book's descriptions of relevant settings, public policies, and trends that show clearly how counselors can be helpful to their clients, marketable to potential employers, relevant when communicating with stakeholders or public policy makers, and, when applicable, advocates for consumers and the profession.

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