

# [PDF] Eat Right For Your Type Complete Blood Type Encyclopedia

Catherine Whitney, Peter D'Adamo - pdf download free book

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## Books Details:

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## Description:

**About the Author** Dr. Peter D'Adamo is an eminent naturopathic physician and researcher with a wide international following. His first book, *Eat Right 4 Your Type*, is consistently on bestseller lists three years since its publication and has been translated into more than forty languages. For his work on blood type and nutrition, Dr. D'Adamo was selected 1990 Physician of the Year by the American Association of Naturopathic Physicians. In 1999, respected industry analysts named *Eat Right 4 Your Type* one of the ten most influential health books ever, and Dr. D'Adamo the most

intriguing health author of the year. He is the founder and editor emeritus of *The Journal of Naturopathic Medicine*, and maintains a small, private practice. He is also the author of *Cook Right 4 Your Type* and *Live Right 4 Your Type*.

Catherine Whitney is a co-author of numerous bestselling books on health and medicine.

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