

[PDF] Dress Your Best: The Complete Guide To Finding The Style That's Right For Your Body

Stacy London, Clinton Kelly - pdf download free book



Books Details:

Title: Dress Your Best: The Complete
Author: Stacy London, Clinton Kelly
Released: 2005-09-13
Language:
Pages: 256
ISBN: 0307236714
ISBN13: 978-0307236715
ASIN: 0307236714

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Description:

From Publishers Weekly The spunky hosts of TLC's *What to Wear* present a fashion guide that's empowering, friendly and exceedingly useful. No gimmicky, fruit-related body shape names here—Kelly and London keep things simple. For each of their female body types—"bigger on top,"

"bigger on the bottom," "a little extra in the middle," "curvy," "not curvy," etc.—there's advice for petite, average height and tall women. (The men's section is equally straightforward if shorter: "tall," "athletic," "barrel-chested," etc.) Kelly and London use positive reinforcement (there are many more "dos" than "don'ts"), and sprinkle "universal tips" applicable to any body type throughout. Each type's section opens with a photo of an average-looking model sporting a basic swimsuit, along with comments from the model and the authors. Although they don't cite brand or store names, Kelly and London give plenty of specific advice: e.g., a straight dress will accentuate curves on an hourglass shape; a jacket with a moderately low "stance" (v-neck) will help the upper body appear longer. Ladies and gentlemen, start your shopping engines—and don't leave home without this book!
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From The sweet yet knowledgeable and even assertive fashionistas who are the hosts of the hit cable TV show *What Not to Wear* set their precepts down in print in this delightfully upbeat and decidedly informative primer for both men and women. Their firm, understandable, and workable advice is underscored by their desire not to change anyone's body type--no preaching about dieting here--but simply to get people to understand their own body types and dress appropriately for the best effect. Kelly and London take 15 real women and 8 real men as "subjects," representing all types of bodies, from "bigger on top" to "barrel-chested," and with both illustrations and text, they suggest, for each subject, three outfits to wear for work, weekend, and evening. This book should be regarded as fun reading, not as a chore; the authors' approach to fashion is not as an arcane code capable of being grasped only by certain enlightened people. In their hands, fashion is not only about looking good but also about having a good time while doing so. *Brad Hooper*
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