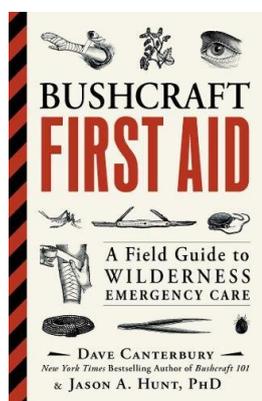


[PDF] Bushcraft First Aid: A Field Guide To Wilderness Emergency Care

Dave Canterbury, Ph.D. Jason A. Hunt - pdf download free book



Books Details:

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Description:

From wilderness expert Dave Canterbury and outdoor survival instructor Jason Hunt comes the next installment in the *New York Times* bestselling Bushcraft series a go-to first aid resource for anyone headed into the woods.

Out in the woods or on top of a mountain, there's no calling 9-1-1. *Bushcraft First Aid* teaches you how to be your own first responder. The authors' years of experience and training will help hikers and backpackers deal with a variety of emergency situations, from cuts and burns to broken bones and head injuries. You'll also learn what to pack and how to make bandages, dressings, and slings at a moment's notice. As bushcraft experts, Canterbury and Hunt explain how to use plants as medicine to treat various conditions. *Bushcraft First Aid* provides the lifesaving information you need to keep yourself and your fellow hikers safe on the trail.

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