

# [PDF] Breaking The Surface

## Greg Louganis - pdf download free book

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### Books Details:

Title: Breaking the Surface

Author: Greg Louganis

Released: 1999-10-01

Language:

Pages:

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### **Description:**

Greg Louganis won back-to-back double gold medals at the 1984 and 1988 Olympics, and his amazing physique and handsome face should have made him a media superstar. Yet Louganis's struggles with self-doubt lack of confidence held him back personally and professionally. He only achieved real happiness after coming out as an HIV-positive gay man. This is a thoughtful, sensitive portrait of a man whose insecurities nearly destroyed him, but who found the love and inner strength to save himself. --This text refers to an out of print or unavailable edition of this title.

**From Publishers Weekly** Four-time Olympic diving champion Louganis's memoir, acknowledging that he had tested HIV-positive several months prior to the 1988 Olympics, was a PW bestseller for nine weeks.

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