

[PDF] Autobiography Of A Yogi

Paramahansa Yogananda, Ben Kingsley - pdf download free book

Books Details:

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Description:

From Library Journal After half a century in print, this widely acclaimed autobiography is now available in a superb audio translation narrated by Academy Award-winning actor Ben Kingsley. The work is enduringly popular because it introduces millions of readers to Eastern spiritual thought. Yogananda's masterly storytelling epitomizes the Indian oral tradition with its wit, charm, and compassionate wisdom. The yogi begins by showing how his childhood experiences in turn-of-the-century India produced a spiritual youth in search of an enlightened teacher, continues with an account of his years of training in the hermitage of a revered master, and concludes with the highlights of a period, beginning in 1920, during which he lived and taught in America. Yogananda sensitively interprets not only his own spiritual evolution but also his relationship with elements of the West's spiritual tradition, such as the story of Adam and Eve, providing a penetrating look at the

ultimate mysteries of human existence. Bibliographical footnotes, which would have interrupted Kingsley's magnificent narration, are thoughtfully included in an accompanying booklet. This extraordinary work will greatly enrich any library. James Dudley, Copiague, N.Y.
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Review Fabulous stories from his life keep the reader inspired, informed, and thoroughly entertained from beginning to end. --*Yoa Journal*
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This book is a must-read for the budding yogi, the spiritual veteran looking for a deeper understanding, and everyone in between... --*Yogi Times*
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