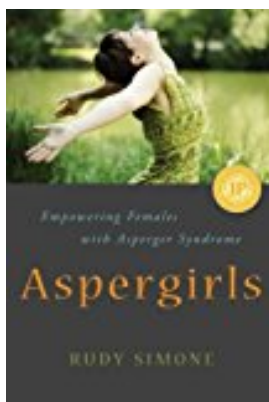


[PDF] Aspergirls: Empowering Females With Asperger Syndrome

Rudy Simone - pdf download free book



Books Details:

Title: Aspergirls: Empowering Female
Author: Rudy Simone
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Description:

Review "I can highly recommend this book to all Aspergirls and their parents, family, partners and professionals, as well as to all members of our community. With humour, love, liking and respect Rudy opens our eyes to the World of the Aspergirl, providing powerful insights on love, learning, sex, career, marriage, having children, friendships, puberty, diagnosis, emotions, health, aging and more...For too many years we have missed Aspergirls due to our current understanding of

Asperger's syndrome being largely based on a male presentation. Rudy generously provides, through deep personal insight and her interviews with other Aspergirls, a broader definition and understanding, one that will help bridge the gap between Aspergirls and the non-spectrum population." --Dr. Michelle Garnett MPsych(Clin) PhD MAPS M CCP, Clinic Director and Clinical Psychologist, Minds & Hearts: A Specialist Clinic for Asperger's Syndrome and Autism

"Aspergirls is an extraordinary read. It is an affirmation of the movement towards understanding AS in females, and a celebration of the culture of AS womanhood. Simone writes with passion, honesty and truth - sharing both the challenges and the joys of a woman's life on the spectrum through her own observations and the voices of other women. It is rich with stories and strategies to be read and re-read as reminders, mantras and as a map for embarking on the journey of being a woman with AS. Above all, it is a much-needed book about permission, empowerment, and as Simone so eloquently states, moving beyond the mutism. Bring all your color, girls, and paint the world!" -- Shana Nichols, PhD, Licensed Psychologist, Researcher and Clinical Director of ASPIRE Center for Learning and Development, and author of Girls Growing Up on the Autism Spectrum

About the Author Rudy Simone is an Aspergirl, writer and AS consultant who lives in the San Francisco Bay Area. She is the author of '22 Things a Woman Must Know If She Loves a Man with Asperger's Syndrome', also published by Jessica Kingsley Publishers.

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