

[PDF] ADHD- Living Without Brakes

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Description:

Review "Even if parents, teachers, and therapists read no further than the table of contents, they will gain a hugely valuable set of guidelines for helping children with ADHD. Of course, they'd best continue reading, because Dr. Kutscher fleshes out each guideline in the realistic-but-optimistic style his readers have come to expect... I cannot imagine a more clear, concise, and empathetic guide. Reading this book is like sitting down for a leisurely chat with an extremely compassionate, informed, and down-to-earth physician." --Gina Pera, author of *Is It You, Me, or Adult ADD?*

"Martin Kutscher is a paediatric neurologist and understands the nature of ADHD as well as the perspectives and experiences of parents, teachers and children. He explains ADHD in a clear and engaging style that will ensure that his book will be read, appreciated and the practical strategies implemented at home and at school. I strongly recommend *Living Without Brakes* as the book of first choice for parents of a child with ADHD." ---Tony Attwood, author of *The Complete Guide to Asperger's Syndrome* and *Asperger's Syndrome: A Guide for Parents and Professionals*

"Dr. Kutscher has brilliantly accomplished exactly what he has set out to do. This book is wonderfully concise yet all-inclusive while remaining an easy read for parents and educators alike. The parenting and educational strategies are a great combination of proven methods that are realistic and practical to implement. Most of all, this book will help parents and anyone else who works with these children thoroughly understand how they think and why they function the way they do." ---Heidi Bernhardt, National Director of the Centre for ADHD/ADD Advocacy Canada (CADDAC)

From the Publisher "Every client who has read this book has absolutely raved about it. The work provides the reader with a rare opportunity for a direct, clear, and highly useful explanation of the complex tangle of neurological impairments. The book's remarkable synthesis of state-of-the-art information provides the reader with a flexible selection of highly effective, evidence-based interventions to address the problems that accompany children with atypical neurological profiles. ADHD: *Living without Brakes* is simply sensational."

--John Schureman, PhD, Psychologist; CHADD national membership committee

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