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From Book News Published in cooperation with the American Dietetic Association, this edition incorporates updated dietary guidelines and other information and issues relating to nutrition and health. The companion student guide includes note-taking tips and a print version of slides in the instructor's manual. Insel (Stanford U., psychiatry and behavioral sciences) does not date the first edition. *Copyright © 2004 Book News, Inc., Portland, OR* --This text refers to an alternate edition.

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